

Marist Catholic Acro & Cheer

2018-2019 Contract

Membership on the Acro & Cheer team offers an opportunity for personal growth, leadership, and involvement in diverse activities. The attitude, dedication, and enthusiasm of student athletes and their supporting family members is just as important to the success of each athlete and the program as are the actual skills involved. Time management is REQUIRED to be successful on this team. Your coaches are here to support you as you learn to manage your time wisely.

As members of this team, you are pioneering a new sport in the world of high school athletics. You will be working to bring awareness of the sport to the community, advancing the positive direction of women's athletics, and creating a lasting culture of hard work, perseverance and teamwork. BE PATIENT! This sport is difficult and requires time and effort to achieve success. Through focus and trust in your coaching staff and teammates you will quickly recognize improvements in your abilities.

A secondary role you have as a member of Marist Catholic Acro & Cheer and the greater Marist community is to promote and uphold school spirit, unity, pride, respect and integrity at all times and in all places regardless of whether you are participating in a school activity or other activities you may be involved in. This role also extends to your presence on social media outlets.

You must recognize that the manner in which you conduct yourself directly reflects upon the entire team and school as a whole and that strict adherence to rules and regulations will help you in achieving your goals. Marist Catholic Acro & Cheer adheres to all rules and regulations set forth by the NFHS, OSAA and Marist Catholic High School. In addition, you as an athlete and your supporting family are required to acknowledge and adhere to the following team rules:

- Be on time to all practices and events
- Respect the decisions of coaches and administrators with regards to any and all decisions made for the team
- Communicate your needs respectfully with coaches, staff, administrators, parents, and other student athletes

- Focus on the team and sport while attending all practices and events during your entire committed season
- Respect everyone around you as an individual and a valuable member of the Marist community
- Positively support your team and community
- In the event that you are either inadvertently or willfully unable to meet the obligations set forth, you will immediately communicate your inability with coaching staff. Coaching staff will then work with you to either remedy the situation or discuss your consequences and to arrive at an agreement that benefits the team, yourself, your family, and Marist as a whole.

Marist Catholic Acro & Cheer is a very unique sport and with that, comes some unique situations with regards to costs. The coaching staff are constantly searching for ways to minimize the cost of equipment. The attached Financial Statement outlines estimated costs for the year. Each athlete is required to purchase their own uniform to be utilized throughout their acro & cheer experience. The uniform is owned by Marist Catholic Acro & Cheer until it is paid in full, at which time ownership is then transferred to the athlete.

Because Marist Catholic Acro & Cheer is the FIRST team of it's kind within the State of Oregon, we receive regular outside instruction from specialty coaches. These coaches are approved by Marist Catholic High School and have been certified by the same certification standards as the regular coaching staff. The costs for these outside instructors is fundraised by all team members. Fundraiser are outlined on the attached Financial Statement and are MANDATORY. In addition, all athletes are encouraged to seek lessons which they feel will be beneficial to the team and their experience as a whole. These classes include tumbling, gymnastics, yoga and voice.

We are looking forward to a fantastic year and many challenges to come. We are excited to forge friendships, learn, grow, challenge ourselves and each other, support one another, and learn more about ourselves as individuals. Our journey together will be full of adventure and excitement, difficulty, hardship, but also joy as we reach for and achieve new heights.

Athlete Signature _____ Date _____

Parent Signature _____ Date _____