



Indoor/Outdoor Full Contact Sports Opt-In Form

Updated 4/22/2021

This form is to be used by a school located in a county designated as High Risk or Extreme Risk to notify of its intent to opt in to offer indoor/outdoor full contact sports for the 2020-21 school year in accordance with the Oregon Health Authority’s Sector Guidance – Indoor Recreation and Indoor Fitness Establishments. Once final, post this form to your school or district website and a link to it will then be sent to ODE.

In Lower Risk and Moderate Risk counties, practices and games for indoor/outdoor contact sports can resume following health and safety guidance to be issued by the Oregon Health Authority.

In High Risk and Extreme Risk counties, where COVID-19 remains more widespread, schools and other sports organizations can opt-in to resuming indoor/outdoor full contact sports with additional protocols in place. In such counties, sports organizations must offer on-site responsive testing for symptomatic individuals and close contacts, contact information for contact tracing, and a waiver identifying health and safety risks and a commitment to isolation and quarantine if exposed to COVID-19. Schools in Extreme and High Risk counties must also have at least limited in-person instruction occurring, with the goal of achieving hybrid or full in-person instruction for students this school year. Schools must also be in compliance with state guidance for COVID-19 testing.

Please fill out the following information for your school, district or program:

Information Needed	Your Response
Name of School, District or Program	Marist Catholic High School
Key Contact Person for this Plan	Bart Pollard, Interim Athletic Director
Phone Number of this Person	541-579-3876
Email Address of this person	bpollard@marisths.org
Specify Indoor/Outdoor Full Contact Sports Included in this Plan	Football, Boys Lacrosse, Boys Basketball, Girls Basketball, Water Polo, Cheer
Intended Starting Date for this Plan Update	4/23/2021

School Instructional Model

OHA Requirements

- The school must offer, at a minimum, Comprehensive Distance Learning *with* Limited In-Person Instruction (LIPI), with the goal of implementing Hybrid or full On-Site Instructional Models for students before the end of the 2020-21 school year.
- Detail your school's current instructional model and note the date it began.

Plan Details for School Instructional Model

Please enter the details of your plan that correspond to the requirements listed above:

Marist Catholic High School offered comprehensive distance learning with limited-in-person instruction until 2/12/2021. Our new RSSL blueprint updated on 1/19/2021, includes the start date for Hybrid learning on 2/16/2021 with re-evaluation after 4-6 weeks for plan to begin full on-site instruction. We began full on-site instruction on 4/12/2021.

On-Site Testing for Symptomatic Individuals and Close Contacts

OHA Requirements

- The school must offer on-site responsive testing for symptomatic individuals and those with known exposures to individuals with COVID-19. This applies to athletes and support staff and volunteers. Schools must also be in compliance with state guidance for COVID-19 testing.
- Detail your school's specific plans to meet this requirement.
- Please review [COVID-19 Testing in Oregon's K-12 Schools](#) for additional information.

Plan Details for On-Site Testing for Symptomatic Individuals and Close Contacts

Please enter the details of your plan that correspond to the requirements listed above:

Marist Catholic High School is offering on-site responsive testing in compliance with the state guidance for COVID-19 testing in schools.

We have three designated testing administrators, who have completed all the Abbott BinaxNOW training and one testing reporter.

We have PPE in place to minimize exposure and protect wearer from infection. Medical grade surgical masks, face shields, disposable gloves, and disposable gowns.

We have already received our first shipment of testing kits.

Contact Information for Contact Tracing

OHA Requirements

- The school must commit to collecting contact information for the purpose of contact tracing for each participant, coach, official, staff member, spectator, etc. for each indoor/outdoor contact sports practice and contest.
- Detail your school’s specific plans to meet this requirement.
- Sample contact tracing forms:
 - [COVID Monitoring Form: Excel](#)
 - [COVID Monitoring Form: PDF](#)

Plan Details for Contact Information for Contact Tracing

Please enter the details of your plan that correspond to the requirements listed above:

Marist Catholic High School uses an online screening form for contact tracing of all visitors, staff, and students. This digital form documents an individual’s current symptoms, recent travel, contact exposure with a positive COVID-19 case, and any staff they are on-campus to work with on the given date.

Student-Athlete Waiver

OHA Requirements

- The school must have a waiver completed for each student-athlete prior to indoor/outdoor full contact sports participation identifying health and safety risks and a commitment to isolation and quarantine if exposed to COVID-19.
- Waivers must be kept on file at the school. Detail your school’s specific plans to meet this requirement.
- [Sample Student Waiver Form](#)

Plan Details for Student-Athlete Waiver

Please enter the details of your plan that correspond to the requirements listed above:

Marist Catholic High School adjusted the sample waiver form to be specific to our school and is approved by our Superintendent of the Archdiocese of Portland in Oregon.

We have required all full-contact sports participants and parents to sign this Full Contact Sports Waiver and Isolation and Quarantine Agreement, before they will be allowed to begin full contact practices and games.

The waivers will be collected and kept on file at Marist Catholic High School.